

**EXTRAORDINARY CENTENARIANS IN AMERICA: THEIR
SECRETS TO LIVING A LONG VIBRANT LIFE**

Laura U. Fero

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Editorial Reviews. About the Author. Author Gwen Weiss-Numeroff is a former advertising Extraordinary Centenarians in America: Their Secrets to Living a Long Vibrant Life - Kindle edition by Gwen Weiss-Numeroff. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks.

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Stress, Inflammation and Disease

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About Gwen Weiss-Numeroff. That fear only intensified in her 20s after her Uncle Jerry died of a heart attack at Astheonlymalechild,hewasanexception:heprovidedassistancetohismother Glanton- Educator Recently, it was my privilege interviewing an extraordinary educator and Centenarian, Thomas Glanton. She even has an exit named after her on Georgia highway! Thanks for telling us about the problem.

SheisthesecondyoungestoftheCentenariansatThere has also been a recent trend of attempting to determine the exact age and geographic location of very elderly people in order to claim not just social distinctiveness, but a place in the Guinness Book of Records.